

Treatment & Recovery Resources

Resource guide created by SAFE and the Opioid and Heroin Prevention Task Force. This guide will continue to be updated and checked for information accuracy. All included information accurate as of June 2024.

***Note:** All facilities are placed in one category only, but may provide services found in others. Carefully examine this list to find the resources that best fit your needs.

Common acronyms used:

- SUD - Substance Use Disorder
- IOP- Intensive Outpatient Program
- PHP- Partial-Hospitalization Program
- MAT- Medication-Assisted Treatment

Support Groups

Alcoholics Anonymous (AA): <https://aarichmond.org/meetings.php> and <https://aa.org/>

AliveRVA Addiction Recovery Support Warm Line 833-473-3782

<https://aliverva.org/>

The AliveRVA Warm Line provides confidential support for those seeking long-term recovery from substance use, their loved ones, and members of the community. Peer Recovery Coaches connect individuals to a variety of services, including treatment facilities, recovery housing, community services boards, shelters, food banks, and other community resources.

Hours: 8am- midnight, 7 days a week

Celebrate Recovery

www.celebraterecovery.com

Christian-based 12 step recovery program.

Co-Dependents Anonymous (CoDA) 888-444-2359

<https://coda.org/>

Narcotics Anonymous (NA): 800-777-1515 | <https://rvana.org> and www.NA.org

SMART Recovery: www.smartrecovery.org

Medication-Assisted Recovery Anonymous (MARA): www.mara-international.org

Northstar Community (800)-908-2377 | info@northstarcommunity.com

<https://www.northstarcommunity.com/>

Christian-based weekly NA meetings, family education, hybrid and in-person women's groups, worship and community.

RAMS in Recovery 804-828-1663 | recovery@vcu.edu

<https://recovery.vcu.edu/meetings--events/>

1103 W Marshall St. Richmond, VA

Public AA, NA, SMART, Recovery Dharma, Family Education, Marijuana Anonymous, Cocaine Anonymous, & Writing for Recovery groups. Hybrid, virtual, and in-person meetings. Additional offerings for local college students.

Recovery Dharma

<https://recoverydharma.org/>

Peer-led and Buddhism-based recovery meetings.

Robins HOPE Phone: **804-608-9389** | info@robinshope.com

<https://www.robinshope.org/>

9513 Hull Street Road Suite A., N. Chesterfield, VA 23236

FREE open - online and in-person groups on trauma, stress, resilience, dual-diagnosis

Hours: Mondays: 2 PM - 5 PM, Wednesdays 12 PM - 7:30 PM, & Fridays 12 PM-4PM

Family Recovery Resources

Al-Anon

<https://www.alanonrichmond.org/>

Support groups for individuals whose loved ones are impacted by Alcohol Use Disorder (AUD). In-person and virtual options.

Illume Family Recovery **804-445-9600** | info@illumefamilyrecovery.org

<https://www.illumefamilyrecovery.org/>

Support groups, community education and discussion groups, family recovery coaching

Intervention on Call **877-487-1599**

www.interventiononcall.com

Family intervention help, Crisis de-escalation preparation, Remote consultation, in person interventions.

Nar-Anon

<https://www.nar-anon.org/find-a-meeting>

Support for individuals whose loved ones are impacted by a SUD. In-person and virtual options.

Homelessness and Housing Instability

211Virginia - 211

<https://www.211virginia.org/>

Provides information and referral for basic human needs, physical and mental health resources, work initiatives, support for seniors and those with disabilities, support for children, youth and families, and information about crisis intervention resources.

Homeless Connection Line- 804-972-0813

*Call the HCL if you are currently homeless or within three days of losing your current housing

Point of entry for shelter in Richmond, Henrico, Hanover, Powhatan, Goochland, New Kent, Chesterfield - 1st point of contact for shelter in the area.

Hours: Monday-Friday 8:00am-9:00pm, Saturday-Sunday 1:00pm-9:00pm

Commonwealth Catholic Charities 804-648- 4177 | agency@cccovva.org

809 Oliver Hill Way Richmond VA

Housing Resource Center

Open Monday, Wednesday, & Friday: 8:30am-5pm

Tuesday & Thursday: 8:30am-1:00pm

Case management for those experiencing homelessness, Phone Charging, Toiletries, food, and clothing (as available). Vital Document help, Resources.

Youth HUB

Monday & Wednesday: 11:30am – 4:30pm

Thursday: 12:00pm – 7:00pm

Serving young adults (ages 18-24), and their families, who are experiencing homelessness or housing insecurity.

Housing Resource Line 804-422-5061

Foreclosure prevention, legal aid, locating stable rental housing, home ownership resources, emergency funds assistance. Immediate housing is only served by HCL.

Hours: Monday-Friday 8:30am-4:30pm

Emergency Care & Crisis De-Escalation

988 National Suicide and Crisis Lifeline 988

Free confidential support for individuals in distress

Behavioral Health Services of Virginia - Crisis Line 804-510-6505

24/7 crisis response line.

Behavioral Health Services of Virginia also provides intensive in-home services, mental health skill building, IOP, and community stabilization services. For those services, call 804-977-1365.

Chesterfield Mental Health Crisis Line 804-748-6356

<https://www.chesterfield.gov/878/Mental-Health-Support-Services>

Assists mental health emergencies in Chesterfield County. Provides connections to outpatient treatment, crisis stabilization, and psychiatric hospitalization as needed.

District 19 Community Services Board (CSB)

<https://d19csb.com/home-page/>

24-hour crisis services line: 804-862-8000 or 804-365-2130.

Additionally, District 19 provides same day access, emergency services, and case management services for adults, adolescents, and children experiencing mental illness, intellectual/developmental disorders, and substance use disorders. Covers Colonial

Heights, Emporia, Hopewell, and Petersburg as well as the counties of Dinwiddie, Greensville, Prince George, Surry, and Sussex. For inquired about other services, call **804-862-8002**.

HCA Tri Cities 804-541-7715

Emergency Room services for SUD treatment

RHBA Crisis Service Line 804-819-4100

RBHA Rapid Access is the first step for Richmond City residents to get treatment for mental health or substance use. Call **804-241-9621** for more information about the services offered. 24 hour emergency services, information, and referral for outpatient services. Same day access is available for walk-in appointments Monday - Friday, 8am-2pm, at 107 S. 5th Street

SAMHSA's National Helpline 1-800-662-HELP (4357)

SAMHSA'S National Helpline is a free, confidential, 24/7, 365-day-a-year treatment referral and information service (in English and Spanish) for individuals and families facing mental and/or substance use disorders.

Detox, Inpatient, & Residential

American Addiction Centers 313-217-3742

<https://americanaddictioncenters.org/>

Medical detox, inpatient rehab, PHP, outpatient rehab, IOP

Ironbridge Recovery Center 844-257-4419

<https://ironbridgerecovery.com/>

Inpatient detox, residential, and PHP for SUD.

Imagine the Freedom Foundation 804-249-2665

<https://www.imaginethefreedom.org/>

2604 N Parham Rd., Henrico VA 23294

Detox, recovery community, meetings, recovery housing

Journey House Foundation 877-484-5769

<https://journeyhouserecovery.org/>

Sober Living A holistic, peer recovery program teaching individuals to live a recovery lifestyle and achieve a thriving life.

M3 Bridge Recovery (804) 986-9970 | INFO@M3BridgeRecovery.org

3300 Old Courthouse Road Richmond, Virginia 23236

Spiritually based recovery model, but being spiritual is not required for admission.

Recovery Community Organization (RCO). 30 to 90 recovery community, including 12 step meetings, work skills inventory, recovery coaching

McShin Foundation 804-249-1845

<https://mcshein.org/>

Recovery Community Organization, housing, 28-day intensive program, sober living, women and children's house.

National Capital Treatment and Recovery (703) 841-0703, option 1

<https://natcaptreatment.org>

Located in Arlington, VA. Intensive residential and outpatient recovery services.

New Life for Adults and Youth 844-231-HOPE | info@newlifeforyouth.org

<https://www.newlife.center/>

2501 Turner Rd., Richmond, VA 23225

Residential Programs - men and women, intensive outpatient, workforce development

One Source - Forest Hill Arts - 804-663-5243

<https://onesourceofva.org/services/>

7806 Forest Hill Avenue Richmond VA 23225

Medical Detox, Inpatient, High and Low Intensity Residential, Intensive Outpatient, Partial Hospitalization, Housing Services, Recovery Housing, Mental Health Skill Building

Poplar Springs Behavioral Services 866-285-0562

<https://poplarsprings.com/>

Detox, acute inpatient care, acute crisis stabilization, Intensive Outpatient Program (IOP), partial hospitalization program (PHP), telehealth services. Military programs. Acute inpatient treatment for teens, female-only adolescent treatment program.

The Healing Place- Caritas 804-230-1184

<https://www.caritasva.org/get-help/get-sober/>

Long-term, abstinence based recovery program (6-9 mos), Works Program - job training and life skills, Sober Living, Furniture Bank

True Recovery 833-878-3732

<https://www.truecoveryrva.com/>

Recovery Housing, Peer Coaching, Employment Support, Relapse Prevention Planning, Therapy provided by River City Comprehensive Counseling, Medication assisted recovery through Verity Psychiatry, Court Advocacy, Employment Support

Tucker Pavilion 804-483-0050

<https://www.hcavirginia.com/locations/tucker-pavilion>

Detox, inpatient, case management, Partial Hospitalization Program, Intensive Outpatient Program

Shenandoah Valley Adult Teen Challenge 540-213-0571

<https://svtc.info/adult-teen-challenge-for-men>

Christianity-centered 6 month residential recovery program in the Shenandoah Valley.

Village Behavioral Health - Crisis Services 804-225-0749

<https://www.wearethevillage.net/>

Adult crisis stabilization services. Mental Health Skill Building, 23-hour crisis stabilization, residential crisis homes, intellectual and developmental disability residential. Outpatient counseling.

Counseling, Outpatient, and Medication-Assisted Treatment

BrightView Midlothian Addiction Treatment Center 866-934-7450

<https://www.brightviewhealth.com/locations/midlothian-addiction-treatment-center/>

Medication prescription and management for safe opioid withdrawal (Suboxone, Methadone, Vivitrol, etc.). Individual counseling, group therapy, and social support.

Dominion Behavioral Healthcare 804-270-1124

<https://dbhrichmond.com/>

Outpatient recovery counseling, substance abuse assessment and treatment, psychiatric evaluation, medication management, family and couples therapy, group therapy, and EMDR & DBT therapy modalities.

Family Counseling Center for Recovery - Radford (FCCR Radford) 804 354-1996

<https://pinnacle-treatment.com/location/virginia/richmond/fccr-radford/>

Medication Assisted Treatment for SUD specifically Opioid Use. IOP for substance use disorder for any substance. Office-Based Opioid Treatment (OBOT).

Footsteps Counseling Center 804-715-3215

<http://www.footstepscounseling.com/>

Christianity-based counseling center treating depression, anxiety, SUD, codependency, and family life.

Groups Recover Together 888-858-1723

<https://joingroups.com/how-we-help/>

Opioid Use treatment provider. Group support meetings, suboxone prescriptions, life goal assistance. Dedicated to making holistic treatment affordable, convenient, and accessible. Hybrid in person and virtual.

Master Center for Addiction Medicine 804-332-5950

<https://mastercenter.com/>

Outpatient SUD services, including detox, SUD psychiatry, counseling, peer services, family support

MySpectrum Counseling & Coaching 804-924-2236

www.myspectrumcc.com

Outpatient mental health therapy with telehealth/virtual appointments available, including evenings and some weekend availability., accepts commercial insurances, all Medicaid MCOs, Medicare, Tricare, and many Employee Assistance Programs (EAPs). Seeing adults, seniors, teens, and children 4+.

National Counseling Group 804-497-4676

<https://www.ncgcommunity.com/>

Mental Health Skill building, Intensive in home for children, Outpatient.

River City Comprehensive Counseling Services 804-230-0999

<https://www.rivercityccs.com/>

Intensive Outpatient, Partial hospitalization, SUD case management, partial hospitalization program (PHP), peer recovery services

Second Chance Comprehensive Services 804-621-4034

<https://sccsva.com/>

Adult and Youth Counseling and outpatient Services; in-home counseling, crisis de-escalation, outpatient care, mental health skill building

Who Counseling 804-447-4093 | admin@whorva.org

<https://www.whorva.org/>

Substance abuse education and relapse prevention, substance abuse case management, intensive outpatient, individual therapy, in home counseling. Adult and Children. Community-based approach, personal wellness, ASAM level 1 services.

WHOA-804-282-1863

<https://whoarva.com/>

Substance Abuse Intensive Outpatient Program, Adult and children services outpatient, individual and group. Medication Management, SUD groups, In home counseling, adult residential crisis stabilization, equine therapy.

Harm Reduction

Health Brigade 804-358-6343

<https://www.healthbrigade.org/patients-and-clients/richmond-needle-exchange/>

1010 N Thompson St., Richmond, VA

Comprehensive harm reduction services. Non-cost services available:

- Free needles, cookers, filters, ties, etc.
- Wound care supplies
- Safer sex supplies
- Naloxone (Narcan®) to reverse overdoses
- Safer snorting materials
- Syringes for injecting hormones or steroids
- Referrals to medical care, mental health and wellness, substance use treatment, PrEP, PEP, medication assisted treatment and other community resources

Needle Exchange Hours:

- Mondays: 5-8 pm Health Brigade back parking lot (1010 N. Thompson St.)
- Tuesdays mobile: 12pm-3pm Church Hill, Lucks Field (Rogers St. and "T" Street)

- Wednesdays mobile: 12pm-3pm Northside Location (Corner of North Ave and Wickham St.)
- Thursdays mobile: 12pm-3pm Southside (Corner of Dinwiddie and Jefferson Davis)

Chesterfield County Libraries

Naloxone, commonly known by the brand name Narcan, is available at all Chesterfield County Libraries. Additionally, free home medication lock bags for safe medication storage and gun locks are available at all library locations.

Locations:

Bon Air Library - 9103 Rattlesnake Road, North Chesterfield, VA 23235

Central Library - 7051 Lucy Corr Boulevard, Chesterfield, VA 23832

Chester Library - 11800 Centre Street, Chester, VA 23831

Clover Hill Library - 6701 Deer Run Drive, Midlothian, VA 23112

Enon Library - 1801 Enon Church Road, Chester, VA 23836

Ettrick-Matoaca Library - 4501 River Road, South Chesterfield, VA 23803

LaPrade Library - 9000 Hull Street Road, North Chesterfield, VA 23236

Meadowdale Library - 4301 Meadowdale Boulevard, North Chesterfield, VA 23234

Midlothian Library - 100 Millworks Crossing, Midlothian, VA 23114

North Courthouse Road Library - 325 Courthouse Road, North Chesterfield, VA 23236

Hours: Monday-Thursday: 9 a.m.-8 p.m., Friday-Saturday: 9 a.m.-5 p.m., Sunday: closed

Chesterfield Mental Health Support Services

<https://www.chesterfield.gov/919/Adult-Substance-Use-Services>

In-person and virtual substance use treatment services. Same day access services for substance use treatment. Office-Based Addiction Treatment (OBAT)/MAT program for Antabuse, Campral, Suboxone, and Vivitrol. Opportunities for assistance with payment for MAT including suboxone and methadone. 24/7 crisis services.

To receive Naloxone or other harm reduction supplies free of charge, contact Lauren Lystad by phone at [804-717-6169](tel:804-717-6169) or via email at REVIVE@chesterfield.gov

Reentry Services

Addiction Uncuffed

<http://www.addictionuncuffed.org/>

Connection to recovery resources including transportation, housing, inpatient, outpatient, sober living, AA, and NA.

Language Services

Syncroz Language Solutions [804-430-6042](tel:804-430-6042) | info@syncroz.com

Syncroz connects non-English speakers to community services by providing in-person, phone and video interpretation and document translation services in 300+ languages.