

# Family Contract

Our family is committed to being healthy. We agree there are behaviors that are harmful and unacceptable in our family.

- *I promise to choose not to use alcohol or tobacco under the legal age.*
- *I promise to choose not to use inhalants or illegal drugs or to misuse legal drugs*

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Child's signature

- *I agree to talk to you when you have questions about smoking, drinking or using drugs.*
- *I agree to discuss our family's Use, You Lose rules with you and to enforce them with consequences.*

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Parent's signature

